

CURRICULUM VITAE

Jessica M. Bernacki, Ph.D.

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EDUCATION

- 2012-2013 **Stanford University School of Medicine and Lucile Packard Children's Hospital
Pediatric Psychology Postdoctoral Fellow** (APA Accredited)
Department of Child and Adolescent Psychiatry
- 2011-2012 **University of California Los Angeles (UCLA), Pre-Doctoral Clinical Psychology Internship**
Pediatric Consultation-Liaison Track (APA Accredited)
Department of Psychiatry and Biobehavioral Sciences, David Geffen School of Medicine
- 2009-2012 **University of Wisconsin-Milwaukee, Doctoral Student in Clinical Psychology** (APA Approved)
Area of emphasis: Pediatric/Child Clinical Psychology, Advisor: W. Hobart Davies, Ph.D.
Dissertation: Readiness to Change in Complex Pediatric Pain: Predicting Treatment Outcomes
- 2006-2009 **University of Wisconsin-Milwaukee, Master of Science in Clinical Psychology**
Advisor: W. Hobart Davies, Ph.D.
Thesis: Intelligence and Disease Severity: Predictors of Health-Related Quality of Life in
Adolescents with Neurofibromatosis-1
- 2001-2005 **University of Connecticut, Bachelor of Arts in Psychology** (graduated *summa cum laude*)

LICENSURE AND PRIVILEGES

- 2013- **Clinical Psychologist**, State of California, License #: PSY 25954 (Status: Current and Active)
2014- **UCLA Medical Group**, UCLA Health System
2014- 2019 **Santa Monica - UCLA Medical Center and Orthopaedic Hospital**, Medicine Department

PRESENT POSITIONS

- 2016- **Director of Behavioral Health, UCLA Gender Health Program**
Department of Medicine at UCLA, Santa Monica, California
- 2013- **Staff Psychologist, Internal Medicine-Pediatrics Comprehensive Care Center**
Department of Medicine at UCLA, Santa Monica, California

PAST POSITIONS

2014-2019 **Staff Psychologist, Pediatric Psychiatry Consultation-Liaison Service**
Santa Monica – UCLA Medical Center and Orthopaedic Hospital, Santa Monica, California

CERTIFICATIONS

2021- **World Professional Association of Transgender Health Certified Member SOC7**

COMMITTEE SERVICE

2016 - Bioethics Committee Member, Santa Monica – UCLA Medical Center and Orthopaedic Hospital
2017 UCLA LGBTQ Equitable Care Committee Research Workgroup
2018 - ABCT Self-Help Book Recommendations Committee
2019 UCLA LGBTQ Equitable Care Committee Education Workgroup
2020-2022 Society of Pediatric Psychology, DSD Special Interest Group, Case Series Committee Member
2020-2022 Society of Pediatric Psychology, Gender Health Special Interest Group, Case Series Chair
2021- UCLA Gender Health Conference Planning Committee
2022- Society of Pediatric Psychology, Gender Health Special Interest Group, Co-Chair

COMMUNITY SERVICE

2019- Meg Foundation for Pain Advisory Board Member
2021- Conejo Valley Unified School District LGBTQ+ Advisory Council, Parent Representative
2022- Conejo Valley Unified School District LGBTQ+ Advisory Council Executive Board - Vice Chair
2022- UCLA Extension Behavioral Health Support Specialist Program Advisory Board Member

PROFESSIONAL AFFILIATIONS

American Psychological Association (Member)
Society of Pediatric Psychology (Division 54)
Society of Clinical Child and Adolescent Psychology (Division 53)
Society for the Psychology of Sexual Orientation and Gender Diversity (Division 44)
Association for Behavioral and Cognitive Therapies (ABCT)
World Professional Association for Transgender Health (WPATH)

CLINICAL EXPERIENCE

2008-2009 **University of Wisconsin-Milwaukee, Psychology Clinic Student Therapist**
Department of Psychology

- 2009-2011 **Children's Hospital of Wisconsin, Pediatric Psychology Practicum Student**
Hematology, Oncology, and Blood and Marrow Transplant Clinics
Consultation-Liaison (C/L)
Feeding, Swallowing, and Nutrition Center
Department of Psychiatry and Behavioral Medicine
- 2011-2012 **University of California Los Angeles, Pre-doctoral Clinical Psychology Intern**
Department of Psychiatry and Biobehavioral Sciences, David Geffen School of Medicine
Resnick Neuropsychiatric Institute
- Major Rotations: Pediatric Consultation-Liaison, Adolescent Medicine Clinic, and Child and Adolescent Inpatient Psychiatry
 - Elective rotations: Sarcoma Outpatient Clinic, Child and Adolescent OCD Intensive Outpatient Program, Child and Family Trauma Psychiatry Clinic, Family and Couple Therapy Program, Resident Psychotherapy Clinic
- 2012-2013 **Stanford University School of Medicine and Lucile Packard Children's Hospital, Pediatric Psychology Postdoctoral Fellow**
Department of Child and Adolescent Psychiatry
- Pediatric Consultation-Liaison
 - Provided services to the following medical teams: Oncology, Stem Cell Transplant, Renal Transplant, Liver Transplant, Heart and Lung Transplant, the Health After Treatment (HAT) oncology survivor clinic, and the dialysis unit.

ASSESSMENT EXPERIENCE

- 2007-08 **University of Wisconsin-Milwaukee, Assessment Practicum**
Department of Psychology
- 2008-10 **University of Wisconsin-Milwaukee, Assessment Practicum Graduate Student Supervisor**
Department of Psychology
- 2009-10 **Children's Hospital of Wisconsin, Pediatric Psychology Practicum Student**
Hematology, Oncology, and Blood and Marrow Transplant
- 2012 **University of California Los Angeles, Assessment Clinician**
Department of Pediatrics.
- 2012-2013 **Stanford University School of Medicine, Pediatric Psychology Postdoctoral Fellow** Department of Child and Adolescent Psychiatry

CLINICAL RESEARCH EXPERIENCE

University of Connecticut

- 2003 **Research Assistant**, Hypnotic Pain Control in Children with Sickle Cell Study
2003-2005 **Research Assistant**, Early Detection of Autism Project
2004-2005 **University Scholar Project and Honors Thesis**.
Associations between dimensions of parenting and psychosocial adjustment in adolescence

Yale University

- 2005-2006 **Research Project Coordinator**, Yale Study of Children's After-School Time

Children's Hospital of Wisconsin

- 2006-2011 **Graduate Research Assistant**, Chronic Pain Psychosocial Research Team
2006 **Graduate Research Assistant**, Feeding, Swallowing and Nutrition Center
2007-09 **Research Project Coordinator**, Association between Headache Experiences and Individual and Family Functioning in Adolescents with Neurofibromatosis-1
2008-09 **Project Coordinator and Interventionist**, Spina Bifida Intervention
2011-2012 **CDC Fellow for Research in Pediatric Psychology – Injury Prevention**

PUBLICATIONS

Peer-Reviewed Manuscripts

1. Gorodzinsky, A. Y., **Bernacki, J. M.**, Davies, W. H., Drendel, A. L., & Weisman, S. J. (2012). Community parents' use of non-pharmacological techniques for childhood pain management. *Children's Health Care*. 41 (1), 1-15.
2. **Bernacki, J. M.** & Davies, W. H. (2012). Prevention of the choking game: Parent perspectives. *Journal of Injury and Violence Research*. 4 (2), 73-78.
3. Fine, K.M., Walther, M.R., **Joseph, J.M.**, Robinson, J., Ricketts, E. J., Bowe, W. E., & Woods, D.W. (2012). Acceptance-enhanced behavior therapy for trichotillomania in adolescents. *Cognitive and Behavioral Practice*. 19 (3), 463-471.
4. Garwood, M. M., **Bernacki, J. M.**, Fine, K. M., Klein-Tasman, B. P., & Davies, W. H. (2012). Physical, cognitive, and psychosocial predictors of functional disability and quality of life in adolescents with Neurofibromatosis-1. *Pain Research and Treatment*. doi: 10.1155/2012/975364.
5. Gorodzinsky, A. Y., Davies, W. H., Tran, S. T., Medrano, G. R., **Bernacki, J. M.**, Burks, L. M., Khan, K. A., Hainsworth, K. R., & Weisman, S. J. (2013). Adolescents' Perceptions of Family Dynamics when a Sibling has Chronic Pain. *Children's Health Care*. 42 (4), 333-352. doi:10.1080/02739615.2013.842460.

6. Newton, M.M., **Bernacki, J.M.**, Messier, B., & Davies, W.H. (in press). Predictors of parent-child discussions regarding Self-Asphyxial Behaviors (“The Choking Game”). *Journal of Orthopsychiatry*.
7. Davies, W. H., Sejkora, E. K., Erato, G. A., & **Bernacki, J. M.** (2019). Guidelines for Facilitating Parental Prevention Discussions about the Choking Game. *Children & Society*. doi:10.1111/chso.12318.
8. **Bernacki, J. M.** & Weimer, A. K. Role of Development on Youth Decision-Making and Recovery from Gender-Affirming Surgery (2019). *Clinical Practice in Pediatric Psychology*. 7 (3), 312-321. <http://dx.doi.org/10.1037/cpp0000294>

Manuscripts Under Review

9. Chang, E. H., Clement, A., Rada, R., Ito, B., Yen, G., **Bernacki J. M.**, Saavedra, F., Fregoso, A., Delgado, D., Rivera, A., Burton, C., Ntim, G.M. A LGBTQ Health Curriculum: A Deep Dive into the Roots of LGBTQ Health Disparities.

PRESENTATIONS

WORKSHOPS AND TRAININGS DELIVERED

1. Building Resilience for Healthcare Professionals, UCLA Semel Institute (Fall 2018)
 - Co-lead training of a multiple session workshop on resiliency to psychology interns.
2. UCLA Needle Anxiety Program: Decreasing Distress During Vaccinations (2020)
 - Conducted trainings at UCLA Division of Medicine-Pediatrics primary care sites to teach back-office staff strategies for reducing distress and pain during needle procedures.
 - Led online recorded webinar on September 22, 2020 for system-wide pediatric practices.

INVITED ORAL PRESENTATIONS – INTERNATIONAL CONFERENCES AND MEETINGS

1. Chang, E. H., Ntim, G. M., Weimer, A., **Bernacki, J. M.**, Rada, R. (2022, September). A Strategic Approach to Integrate Holistic and Affirming Transgender Health into Your Practice and Health System. Mini Symposium to be presented at the biannual meeting of the World Professional Association of Transgender Health, Montreal, Canada.

INVITED ORAL PRESENTATIONS – NATIONAL CONFERENCES AND MEETINGS

2. **Joseph, J. M.**, Majewski, A. B., & Davies, W. H. (2010, August). Perceptions of the choking game: social suffocation vs. flying solo. In C. M. Lescano (Chair), *Adolescent Risk Behaviors*. Symposium conducted at the meeting of the American Psychological Association, San Diego, California.

3. **Bernacki, J. M.**, Borlik, M. (2014, October). Challenges to successful transitions to adulthood and adult health care for youth with childhood-onset chronic illness. In S. Samuels and M. J. Yoon (Chairs), *Bridging the Gap: Clinical and Ethical Issues in Transitioning Youth to Adult Psychiatric and Medical Services*. Symposium conducted at the meeting of the American Academy of Child and Adolescent Psychiatry, San Diego, California.
4. Khalsa, S. S., Kuo, A., Verdugo, B., **Bernacki, J. M.**, Shivkumar, K. S. (2015, April). Detection and Management of Anxiety and Depression due to Interoceptive Symptom Burden in Cardiac Arrhythmias. In S. S. Khalsa (Chair), *Mechanisms of Altered Interoceptive Awareness in Anxiety and Depression*. Symposium conducted at the Anxiety and Depression Association of America Conference, Miami, Florida.
5. Coyne, C.A., **Bernacki, J.M.**, Chen, D., Olezeski, C. & Poquiz, J., (2022, November). The Roles and Responsibilities of Mental Health Providers Working with Transgender and Gender Diverse Youth and Families. Clinical Roundtable to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, New York.

INVITED ORAL PRESENTATIONS – REGIONAL CONFERENCES

1. Davies, W. H., & **Joseph, J. M.** (2010, March). *The choking game: What psychologists need to know*. Paper presented at the 2010 Wisconsin Psychological Association Convention, Middleton, Wisconsin.
2. Gorodzinsky, A. Y., Heinze, S. T., **Joseph, J. M.**, Medrano, G. R., Elftman, J., Anderson Kahn, K., Hainsworth, K. R., Weisman, S. J., & Davies, W. H. (2011, February). Adolescents' perceptions of their familial relationship when a sibling has chronic pain. Paper presented at the Interdisciplinary Pediatric Behavioral Health Research Conference, Milwaukee, Wisconsin.

INVITED ORAL PRESENTATIONS – LOCAL CONFERENCES AND GRAND ROUNDS

1. **Bernacki, J. M.** (2013). Pediatric Pain. Invited lecture delivered to social work interns in the Medicine-Pediatrics Comprehensive Care Center at UCLA.
2. **Bernacki, J. M.** (2013). ADHD in Childhood. Invited lecture delivered to undergraduate students in the UCLA Youth Empowerment Program.
3. **Bernacki, J. M.** (2014). Pediatric Psychology in Primary Care. Invited lecture delivered to the medical residents in the Division of Medicine-Pediatrics in the Department of Medicine at UCLA.
4. **Bernacki, J. M.** (2014). Pediatric Psychology in Primary Care. Invited lecture delivered to medical residents in the UCLA Community Health and Advocacy Training Program as part of the UCLA Pediatric Residency Training Program.

5. **Bernacki, J. M.** (2014). ADHD in Childhood. Invited lecture delivered to undergraduate students in the UCLA Youth Empowerment Program.
6. **Bernacki, J. M.** (2015). Self-Care and Stress Management. Invited lecture delivered to nursing staff as part of the Back Office Lunch and Learn at UCLA Santa Monica.
7. **Bernacki, J.M.** (2016). Self-Care and Mindfulness. Invited lecture delivered to nursing staff as part of the Back-Office Lunch and Learn, UCLA Santa Monica.
8. **Bernacki, J.M.** (2016). Adolescent Mental Health. Invited lecture at the Annual California Association of Child Life Professionals, Los Angeles, CA.
9. **Bernacki, J. M.** (2017). Pediatric Existential Suffering. Invited lecture at the 9th Annual Palliative Care Symposium: "Existential Suffering", Los Angeles, CA.
10. **Bernacki, J. M.** (2017). Mental Health Considerations for Trans Patients. Invited lecture for UCLA Student Affairs Staff on Meeting the Medical and Mental Health Needs of Transgender Students.
11. **Bernacki, J.M.** (2017). Management of Procedural Pain and Distress in the Primary Care Setting. Invited lecture delivered to medical residents in the Division of Medicine-Pediatrics in the Department of Medicine at UCLA.
12. **Bernacki, J. M.** (2018). Boundary Management. Invited lecture at the 10th Annual Palliative Care Symposium: "Resilience," Los Angeles, CA.
13. Weimer, A. K. and **Bernacki, J. M.** (2018). Healthcare for Transgender and Gender-Diverse Patients. Invited lecture for behavioral health staff at Destinations for Recovery, Woodland Hills, CA.
14. **Bernacki, J. M.** (2018). Behavioral Health Considerations for Transgender and Gender-Diverse Youth. Invited lecture as part of panel on transgender healthcare for nurses at the 6th Annual EDAP Conference, Current Concepts in Pediatric Emergency Nursing, Los Angeles, CA.
15. **Bernacki, J. M.** (2018). Managing Procedural Pain and Distress in the Primary Care Setting. Invited lecture for nursing staff in the Medicine-Pediatrics Comprehensive Center in the Department of Medicine at UCLA.
16. **Bernacki, J. M.** (2018). Working with Transgender and Gender Diverse Youth in Healthcare Settings. Invited lecture for inpatient pediatric nursing staff at Santa Monica - UCLA Medical Center and Orthopaedic Hospital.

17. **Bernacki, J. M.** (2018). Communication. Invited lecture delivered to residents in the Division of Medicine-Pediatrics in the Department of Medicine at UCLA.
18. **Bernacki, J. M.** (2018). Boundary Management. Invited lecture delivered to residents in the Division of Medicine-Pediatrics in the Department of Medicine at UCLA.
19. **Bernacki, J. M.** and Ramos, N. (2019). Role of Behavioral Health in Inpatient Pediatrics. Invited lecture delivered at noon conference for pediatric residents at Santa Monica - UCLA Medical Center and Orthopaedic Hospital.
20. **Bernacki, J. M.** (2019). Working with LGBTQ+ Patients in Healthcare Settings. Invited lecture delivered to the SCOPE program students at UCLA.
21. Agrawal, N., Weimer, A. K., **Bernacki, J. M.** (2019, October). Transcending Medical Myths: A Guided Discussion for Parents and Professionals Caring for Transgender and Gender-Expansive Youth. Invited lecture at Models of Pride, Los Angeles, California.
22. **Bernacki, J. M.**, Ito, B. S. (2019, November). Beyond Google: Real Talk About Supporting Transgender Youth. Invited UCLA Community Health Talk presented in Santa Monica, California.
23. **Bernacki, J.M.** (2020, January). Behavioral Health Considerations for Transgender and Gender Diverse Individuals. Invited lecture delivered at noon conference for internal medicine residents at Santa Monica – UCLA Medical Center and Orthopaedic Hospital.
24. **Bernacki, J. M.** and Ito, B. S. (2020, February). Behavioral Health Considerations for Transgender and Gender Diverse Individuals. Invited lecture delivered at UCLA CME Conference: Comprehensive Medical Care for Transgender and Gender-Nonbinary Patients at Ronald Reagan UCLA Medical Center, Los Angeles, California.
25. **Bernacki, J. M.** (2020, March). Gender Identity Diversity in Psychotherapy. Invited lecture delivered at the UCLA Psychology Department Course Psychology 273B in the UCLA Clinical Psychology PhD Program.
26. **Bernacki, J. M.** (2021, January). Gender 101. Invited lecture delivered at Unity Conejo Town Hall Meeting, Thousand Oaks, CA.
27. **Bernacki, J. M.** (2021, February). Supporting Transgender Youth and Adults: Behavioral Health Considerations. Invited lecture delivered at the Trans Health Symposium, Los Angeles, CA.
28. **Bernacki, J. M.** (2021, March). Gender Identity Diversity in Psychotherapy. Invited lecture delivered at the UCLA Psychology Department Course Psychology 273B in the UCLA Clinical Psychology PhD Program.

29. Weimer, A. K. and **Bernacki, J. M.** (2021, April). Providing Affirming Care to Gender Diverse Youth. Invited lecture for behavioral health staff at Destinations for Recovery, Woodland Hills, CA.
30. **Bernacki, J. M.** (2021, May). What Every Parent Needs to Know: Strategies for Increasing Good Behavior in Children. Invited lecture delivered to parents at Bright Horizons site Camp Amgen.
31. **Bernacki, J.M.** (2021, May). Providing Affirming Care to Gender Diverse Youth. Invited lecture delivered to Conejo Valley Unified School District to Behavioral Health Staff.
32. **Bernacki, J.M.** (2021, September). Providing Gender Affirmative Care in Pediatric Healthcare Settings. Invited lecture as part of UCLA Santa Monica Hospital Pediatric Nursing Level 1 Diversity and Inclusion Course.
33. **Bernacki, J.M.** (2021, November) Gender Affirming Care for the Internist. UCLA Internal Medicine Residency Program, Primary Care Track, Santa Clarita Continuity Clinic, Well-being and Mental Health Integration Noon Conference.
34. **Bernacki, J. M.** (2022, February). Gender Identity Diversity in Psychotherapy. Invited lecture to be delivered at the UCLA Psychology Department Course Psychology 273B in the UCLA Clinical Psychology PhD Program.
35. **Bernacki, J.M.** (2022, March). Reducing Needle Anxiety in the Primary Care Setting. Invited lecture to be delivered to medical residents in the Division of Medicine-Pediatrics in the Department of Medicine at UCLA.
36. **Bernacki, J. M.** (2022, September). Providing Affirming Care to Transgender and Gender Diverse Youth. Invited lecture for behavioral health staff at Engage Treatment Center, Westlake Village, CA.

POSTER PRESENTATIONS

International Meetings

1. Madormo, C., **Joseph, J. M.**, Hainsworth, K., Jastrowski, K. M., Ladwig, R., Khan, K. A., Weisman, S. J., & Davies, W. H. (2009, June). *Pediatric pain clinic triage: Monthly variations in volume and parent concerns*. Poster presented at the 2010 International Symposium on Pediatric Pain, Acapulco, Mexico.

National Meetings

1. **Joseph J. M.**, Kurschner, A. M., Clifford, L. M., Silverman, A. H., Davies W. H., & Rudolph, C. D. (2007, October). *Behavioral and nutritional outcomes of non g-tube dependent children completing an intensive inpatient behavioral feeding program*. Poster presented at the Association for Behavioral and

2. Sato, A. F., Simon, K., **Joseph, J. M.**, Berlin, K. S., Kram, C., Drendel, A., & Davies, W. H. (2008, April). *Pain in preschool and early school-age children: Prevalence in a community sample and association with behavior*. Poster presented at the National Conference on Child Health Psychology, Miami, FL.
3. Jastrowski, K. M., Schulz, C., **Joseph, J. M.**, Hainsworth, K., Ladwig, R., Khan, K. A., & Davies, W. H. (2008, April). *Initial investigation of the psychometric properties of the update on current functioning (UCF): Parent-child agreement and convergent validity*. Poster presented at the National Conference in Child Health Psychology, Miami, FL.
4. Gorodzinsky, A. Y., **Joseph, J. M.**, Simon, K., Drendel, A. L., & Davies, W. H. (2008, April). *Parents' perceptions of pharmacological and non-pharmacological techniques for pain control in pre-school and early school-aged children*. Poster presented at the National Conference in Child Health Psychology, Miami, FL.
5. **Joseph, J. M.**, Fine, K. M., Holman, K.S., & Garwood, M. M. (2008, April). *Clinical presentations of adolescents with neurofibromatosis-1 experiencing recurrent headaches*. Poster presented at the National Conference in Child Health Psychology, Miami, FL.
6. **Joseph, J. M.**, Gorodzinsky, A. Y., Sato, A. F., Drendel, A. L., & Davies, W. H. (2008, April). *Role of parent and child gender in the treatment of pre-school and early school-age children's pain: Results from a community sample*. Poster presented at the National Conference in Child Health Psychology, Miami, FL.
7. **Joseph, J. M.**, & Davies, W. H. (2008, April). *Development of a psychotherapy process checklist for pediatric chronic pain*. Poster presented at the National Conference in Child Health Psychology, Miami, FL.
8. **Joseph, J. M.**, Simon, K., Holman, K. S., Kahn, K. A., Ladwig, R., Hainsworth, K. R., Davies, W. H., & Weisman, S.J. (2008, October). *Role of pain catastrophizing in the relationship between family functioning and social consequences in pediatric chronic pain*. Poster presented at the Kansas Conference on Clinical Child and Adolescent Psychology, Lawrence, KS.
9. Gorodzinsky A. Y., **Joseph, J. M.**, Heinze, S. T., Simon, K., Drendel, A. L., & Davies, W.H. (2009, October). *Parents' perceptions of pharmacological and non-pharmacological techniques for pain control in children*. Poster presented at the Annual Meeting of the Society of Developmental and Behavioral Pediatrics, Portland, Oregon.
10. **Joseph, J. M.**, Gorodzinsky, A. Y., Medrano, G. R., Drendel, A. L., & Davies, W. H. (2009, October). *How do parents make decisions about analgesic use? Examining the impact of gender and child age in a community sample*. Poster presented at the Annual Meeting of the Society of Developmental and Behavioral Pediatrics, Portland, Oregon.

11. **Joseph, J. M.**, Fine, K. M., & Davies, W. H. (2009, October). *Awareness of the choking game and attitudes toward prevention among parents of school-aged children*. Poster presented at the Annual Meeting of the Society of Developmental and Behavioral Pediatrics, Portland, Oregon.
12. Gorodzinsky, A. Y., Heinze, S.T., **Joseph, J.M.**, Medrano, G.R., Elftman, J., Khan, K. A., Hainsworth, K., Weisman, S. J., & Davies, W. H. (2010, October). *Adolescents' perceptions of their relationship to a sibling with chronic pain*. Poster presented at the Kansas Conference on Clinical Child and Adolescent Psychology, Lawrence, KS.
13. **Joseph, J. M.**, Heinze, S. T., Holman, K. S., Hainsworth, K. R., & Davies, W. H. (2010, November). *Validation of the Pain Frequency-Severity-Duration Scale in Community Young Adults*. Poster presented at the 2010 Association for Behavioral and Cognitive Therapies Annual Convention, San Francisco, CA.
14. **Joseph, J. M.**, & Davies, W. H. (2011, April). *Parent reactions to child participation in the choking game*. Poster presented at the 2011 National Conference in Pediatric Psychology, San Antonio, TX.
15. **Joseph, J. M.**, Medrano, G. R., Hainsworth, K. R., Anderson Kahn, K. J., Ladwig, R. J., Davies, W. H., & Weisman, S. J. (2011, April). *Readiness to change in adolescents presenting with complex chronic pain*. Poster presented at the 2011 National Conference in Pediatric Psychology, San Antonio, TX.
16. **Bernacki, J. M.**, Mikula Schneider, L., Naclerio, C., & Bernard, R. S. (2013, April). *Examination of Transition Readiness and Program Acceptability in Youth with Solid Organ Transplants*. Poster presented at the 2013 National Conference in Pediatric Psychology, New Orleans, LA.
17. Karas, K. K., Davies, W. H., **Bernacki, J. M.**, Evans, J., Defenderfer, E., Tran, S., Medrano, G., Anderson Khan, K., Weisman, S. J. (2014, March). *Developmental Patterns of an Integrated Profile System for Pain Stages of Change Questionnaire*. Poster presented at the 2014 Society of Pediatric Psychology Annual Conference, Philadelphia, PA.
18. Kransdorf, L. N., Young, S. R., **Bernacki, J. M.**, Robinson, C. L., Ma, M., Kuo, A. (2019, May). *Primary Care Behavioral Health Integration: Use of a Psychologist in Resident Direct Observation*. Poster presented at the 2019 Society of General Internal Medicine Annual Meeting, Washington, DC.
19. Weimer, A. K., Agrawal, N., **Bernacki, J. M.** (2019, September) Preferred Names and Personal Gender Pronouns: Using the Electronic Health Record as a Tool to Build Inclusivity for Transgender and Gender-Diverse Patients. Poster presented at USPATH 2019, Washington, DC.

Regional Meetings

1. **Joseph, J. M.**, Cillessen, A. H. N., & Hodgson, S. (2005, April). *Associations between dimensions of parenting and psychosocial adjustment in adolescence*. Poster presented at the annual Frontiers of Undergraduate Research Poster Exhibition, Storrs, CT.

2. **Joseph, J. M.**, Cillessen, A. H. N., & Hodgson, S. (2005, March). Associations between dimensions of parenting and psychosocial adjustment in adolescence. Poster presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
3. Berlin, K. S., Silverman, A. H., **Joseph, J. M.**, Rudolph, C., & Davies, W. H. (2007, April). *Relationship between pediatric constipation history and negative feeding outcomes mediated by parents' aversion to mealtimes*. Poster presented at the Regional Child Health Psychology Conference. Cincinnati, OH.
4. **Joseph, J. M.**, Davies, W. H., Berlin, K. S., Silverman, A. H., Klein-Tasman, B. P., Davies, C. M., Fischer E. A., & Rudolph, C. D. (2007, April). *Empirically determined clinical cutoffs for the "About Your Child's Eating" measure*. Poster presented at the Regional Child Health Psychology Conference, Cincinnati, OH.
5. **Joseph J. M.**, Kurschner, A. M., Clifford, L. M., Silverman, A. H., Davies W. H., & Rudolph, C. D. (2007, April). *Effectiveness of an intensive inpatient behavioral feeding program for children with primary behavioral feeding problems*. Poster presented at the Wisconsin Psychological Association Convention, Madison, WI.
6. Sato, A. F., Davies, W. H., Berlin, K. S., **Joseph, J. M.**, Khan, K. A., & Weisman, S. J. (2009, April). The relationship between pediatric chronic pain and global impairment: moderating effects of social consequences of pain. Poster presented at the Midwest Conference on Pediatric Psychology, Kansas City, Missouri.
7. Gorodzinsky, A. Y., **Joseph, J. M.**, Jastrowski Manos, K. E., & Davies, W. H. (2009, April). *Relationship between global psychosocial functioning and pain-related school absence in youth*. Poster presented at the Midwest Conference on Pediatric Psychology, Kansas City, Missouri.
8. **Joseph J. M.**, & Davies, W. H. (2009, April). *Parents' knowledge and attitudes toward the choking game*. Poster presented at the Midwest Conference on Pediatric Psychology, Kansas City, Missouri.
9. **Joseph J. M.**, Shefsky, R. E., Davies, W. H., Klein-Tasman, B. P., & Garwood, M. M. (2009, April). *Health-related quality of life in adolescents with neurofibromatosis-1: A pattern of similarity with other serious chronic illnesses*. Poster presented at the Midwest Conference on Pediatric Psychology, Kansas City, Missouri. (Student Poster Winner)
10. Gorodzinsky, A. Y., Heinze, S. T., **Joseph, J. M.**, Medrano, G. R., Salamon, K. S., Kahn, K. A., & Hainsworth, K. (2010, February). *Adolescents' perceptions of sibling relationships when their sibling has chronic pain*. Poster presented at the Interdisciplinary Pediatric Behavioral Health Research Conference, Milwaukee, Wisconsin.
11. Waldhart, E. E., **Joseph, J. M.**, Gorodzinsky, A. Y., Drendel, A. L., & Davies, W. H. (2010, April). *Parents'*

concerns about analgesic use and the impact on proper pain management. Poster presented at the Association of Graduate Students in Psychology Annual Research Symposium, Milwaukee, Wisconsin.

12. Voss, S. N., **Joseph, J. M.**, & Davies, W. H. (2010, April). *Parents' opinions about prevention strategies or the choking game.* Poster presented at the Association of Graduate Students in Psychology Annual Research Symposium, Milwaukee, Wisconsin.
13. **Joseph, J. M.**, Heinze, S. T., Holman, K. S., Hainsworth, K. R., & Davies, W. H. (2011, February). *Validation of the pain frequency-severity-duration scale in community young adults.* Poster presented at the 2011 Annual Interdisciplinary Pediatric Behavioral Health Research Conference, Milwaukee, Wisconsin.
14. Feller, T. M., Gorodzinsky, A. Y., Medrano, G. R., Burks, L. M., Heinze, S. T., **Joseph, J. M.**, & Davies, W. H. (2011, March). *Chronic pain and how it changes family relationships.* Poster presented at the 2011 Wisconsin Psychological Association Annual Convention, Madison, Wisconsin.
15. Feller, T. M., Gorodzinsky, A. Y., Medrano, G. R., Burks, L. M., Heinze, S. T., **Joseph, J. M.**, & Davies, W. H. (2011, March). *Chronic pain and how it changes family relationships.* Poster presented at the 2011 Association of Graduate Students in Psychology Research Symposium, Milwaukee, Wisconsin.
16. Neu, A. M., Davies, W. H., & **Joseph, J. M.** (2011, March). *Is peer group membership a risk factor for the "choking game?"* Poster presented at the 2011 Wisconsin Psychological Association Annual Convention, Madison, Wisconsin.
17. Feller, T. M., Tran, S. T., **Bernacki, J. M.**, Hainsworth, K. R., Davies, W. H., & Weisman, S. J. (2012, February). *Demographic predictors of readiness to adopt self-management approaches in children with chronic pain.* Poster presented at the 2012 Annual Interdisciplinary Pediatric Behavioral Health Research Conference, Milwaukee, Wisconsin.
18. **Bernacki, J. M.**, Medrano, G. R., Hainsworth, K. R., Khan, K. A., Ladwig, R. J., Davies, W. H., & Weisman, S. J. (2012, April). *Readiness to change in pediatric chronic pain: Predicting treatment outcomes.* Poster presented at the 2012 Regional Conference in Pediatric Psychology, Milwaukee, Wisconsin.
19. Gaber, M. M., Burks, L. M., **Bernacki, J. M.**, & Davies, W. H. (2012, April). *Parent "Story of Loss" as a Prevention Approach for the Choking Game.* Poster presented at the 2012 University of Wisconsin-Milwaukee Research Symposium, Milwaukee, Wisconsin.

MEDIA

1. 2017 Interview, [U News](#), October: "Gender health team exemplifies patient-centered care."

2. **Bernacki, J. M.** and Ito, Brandon S. (2018, October 21). Role of Behavioral Health in Gender Affirming Care [Webinar]. In UCLAMDCHAT Series. Retrieved from: <https://www.youtube.com/watch?v=XZR5OfdEWI>.
3. **Bernacki, J. M.** and Weimer, A. K. (2019, October 29). Transcending Gender in Children and Adolescents [Webinar]. In UCLAMDCHAT Series. Retrieved from: https://youtu.be/Cb_yu53wDM.
4. 2019 Interview, Mom.com, November 23, 2019: "How to Talk to Friends and Family About Your Transgender Child." <https://mom.com/kids/how-to-talk-to-friends-and-family-about-your-transgender-child>.
5. 2020 Interview, Georgia Health News, November 9, 2020: "LGBTQ Youths Struggle with Mental Health Issues, Survey Finds." <https://www.georgiahealthnews.com/2020/11/lgbtq-youths-struggle-mental-health-issues-survey-finds/>.
6. 2021 Interview, Meg Foundation Blog, March 31, 2021: "Pain Management and Prevention Techniques for Gender Diverse Youth." <https://www.megfoundationforpain.org/blog/pain-management-trans-gender-diverse-youth>.

EDITORIAL ACTIVITIES

Editorial Board Membership

2023 Clinical Practice of Pediatric Psychology (Incoming)

Ad Hoc Journal Reviews:

2016-2022 Clinical Practice of Pediatric Psychology
 2020- Journal of Adolescent Health
 2021 Patient Education and Counseling
 2022 Journal of Clinical and Translational Research

2006-2011 Mentored Reviews

Canadian Medical Association Journal
 Eating Behaviors
 Handbook of Pediatric Psychology, 4th Edition
 Health Psychology
 Infant Mental Health Journal
 Journal of Clinical Psychology in Medical Settings
 Journal of Family Psychology
 Journal of Pediatrics
 Journal of Pediatric Psychology
 Pain Research and Management
 Pediatric Pain Letter, European Health Psychology Society
 Professional Psychology: Research and Practice

Supervising Faculty: Lindsey Cohen, Ph.D., W. Hobart Davies, Ph.D., and Kristoffer Berlin, Ph.D.

Conference and Grant Reviewer Activity

- 2013 Society of Pediatric Psychology
Annual Conference, Travel Award
- 2014 Society of Pediatric Psychology
Annual Conference, Student Poster Award
Lizette Peterson Homer Injury Prevention Grant
- 2015 Society of Pediatric Psychology
Eugene Walker Education Award
Annual Conference, Student Poster Award
- 2016 Society of Pediatric Psychology
Annual Conference, Eugene Walker Education Award
Mary Jo Kupst Trainee Grant for Research in Resilience
- 2017 American Psychological Association Annual Convention, Division 54 Programming
Society of Pediatric Psychology
Annual Conference, Student Poster Submissions
- 2019 U.S. Professional Association for Transgender Health (USPATH) Scientific Review Committee
- 2020 American Psychological Association Annual Convention, Division 54 Programming
- 2020 World Professional Association for Transgender Health (WPATH) Scientific Review Committee
- 2021 U.S. Professional Association for Transgender Health (USPATH) Scientific Review Committee
- 2021 Society of Pediatric Psychology
Annual Conference, Student Poster Submissions
- 2022 World Professional Association for Transgender Health (WPATH) Scientific Review Committee

TEACHING EXPERIENCE

Medical Education

- 2019 - **UCLA LGBTQ Fellowship Program**, fellowship faculty member
- 2020-2021 **LGBTQ Focused Early Authentic Clinical Experience (EACE)**, course faculty member
- 2022- **LGBTQ Focused Early Authentic Clinical Experience (EACE)**, rotation site in gender affirming behavioral health care

Supervision/Mentorship

- 2017-2018 Clinical supervisor to psychology extern, **Todd Brown, MA**
- 2020-2021 Clinical supervisor to psychology intern, **Krista Tabuenca, MHS, MS**
- 2021- Clinical supervisor to developmental psychologist, **Kashia Rosenau, PhD**

Lecturer

University of Wisconsin-Milwaukee

- 2009 **Associate Lecturer**, Department of Psychology - Course: Introduction to Psychology
2010 **Associate Lecturer**, Department of Psychology - Course: Introduction to Psychology

Carthage College

- 2010 **Adjunct Professor**, Adult Education Program - Course: Child and Adolescent Development
2010 **Adjunct Professor**, Adult Education Program - Course: Child and Adolescent Development
2010 **Adjunct Professor**, Department of Psychology - Course: Abnormal Psychology

Guest Lecturer

University of Wisconsin-Milwaukee

- 01/2008 Personality Assessment, Measurement, & Research Methods, Introduction to Psychology
07/2008 Pediatric Pain, Experimental Child Psychology
12/2008 Pediatric Pain, Experimental Child Psychology
05/2009 Pediatric Pain, Experimental Child Psychology
06/2009 Pediatric Pain, Experimental Child Psychology
04/2010 Pediatric Pain, Experimental Child Psychology
11/2010 Pediatric Pain, Online Experimental Child Psychology
03/2011 Pediatric Pain, Experimental Child Psychology

University of California-Los Angeles

- 09/2011 Pediatric Feeding Disorders, UCLA Pediatric Consultation-Liaison Service Teaching Conference
01/2012 Pediatric Feeding Disorders, UCLA Pediatric Consultation-Liaison Service Teaching Conference
03/2014 Adolescent Mental Health, UCLA Department of Health Policy and Management, Foundations of Maternal and Child Health

Assistantships

University of Wisconsin-Milwaukee

- 2006-2007 **Teaching Assistant**, Course: Child Psychology
2007-2008 **Teaching Assistant**, Course: Personality
2010 **Assistant to the Director of Clinical Training**, University of Wisconsin-Milwaukee
2010 **Teaching Assistant**, Course: U-Pace: Introduction to Psychology

HONORS

- 2001-2005 **Honors Scholar Program**, University of Connecticut, Graduated with Honors in Psychology
2003 **Psi Chi**, University of Connecticut
2003 **University Scholar**, the highest academic honor at the University of Connecticut

- 2005 **Phi Beta Kappa**, University of Connecticut
- 2005 **Outstanding Senior Women Achievement Award**, Liberal Arts & Sciences, Univ of Connecticut
- 2005 **William D. Orbison Memorial Award in Psychology**, University of Connecticut
- 2006-2008 **Chancellor's Graduate Student Award**, University of Wisconsin-Milwaukee (\$5800)
- 2009 **Student Poster Award Winner**, Midwest Conference on Pediatric Psychology: *Health-Related Quality of Life in Adolescents with Neurofibromatosis-1: A Pattern of Similarity with Other Serious Chronic Illnesses.*
- 2010 **Division 53 Student Advisory Board**, Membership Committee
- 2010 **APA Student Travel Award Winner** (\$300)
- 2011 **2010 Society of Pediatric Psychology/CDC Student Injury Prevention Research Award**
Awarded for research titled: "Prevention of the Choking Game: Parent Perspectives."
- 2017 **Nominated for the Staff Service Award by the Department of Medicine Housestaff.**

LEADERSHIP

- 2004-2005 **Treasurer**, Psi Chi Undergraduate Chapter, University of Connecticut
- 2005-2006 **President**, Psi Chi Undergraduate Chapter, University of Connecticut
- 2006-2007 **Treasurer**, Association of Graduate Students in Psychology, University of Wisconsin-Milwaukee
- 2007-2008 **Vice-President**, Association of Graduate Students in Psychology, University of Wisconsin-Milwaukee
- 2008-2009 **President**, Association of Graduate Students in Psychology, University of Wisconsin-Milwaukee
- 2008-2011 **Campus Representative**, Society of Pediatric Psychology, University of Wisconsin-Milwaukee
- 2010-2012 **Student Advisory Board**, Society of Clinical Child and Adolescent Psychology, APA Division 53.

PROFESSIONAL ACTIVITIES AND TRAINING

- 2006-2012 Participant in the Division 54 Mentoring Project, mentored by David C. Schwebel, Ph.D.
- 2007-2012 Participant in the Journal of Pediatric Psychology Mentoring Program, mentored by Lindsey L. Cohen, Ph.D.
- Feb 2008 Attended Building Networks for Interdisciplinary Collaboration Conference, Milwaukee, WI
- Feb 2009 Attended the 2nd Annual Interdisciplinary Pediatric Behavioral Health Research Conference, Milwaukee, WI.
- Mar 2010 Attended the 3rd Annual Interdisciplinary Pediatric Behavioral Health Research Conference, Milwaukee, WI.
- Oct 2010 Attended the 42nd Congress of the International Society of Pediatric Oncology, Boston, MA.
- Jan 2014 Attended "Autism 2014" Autism Spectrum Disorders (ASD): The Year in Review, UCLA Center for Autism Research and Treatment (CART), Los Angeles, CA.
- Oct 2014 Attended 6th Annual Health Care Transition Research Consortium Research Symposium
- Oct 2014 Attended 15th Annual Chronic Illness and Disability Conference: Transition from Pediatric to Adult-based Care
- Jun 2016 Attended the Philadelphia Trans Health Conference, Trans Behavioral Health Track, Philadelphia, PA.

- Jan 2017 Attended 2017 World Professional Association for Transgender Health (WPATH) /Global Education Initiative (GEI) 2 Day Foundations Training Course and Half-Day Child and Adolescent Specialty, Los Angeles, California, United States.
- Nov 2018 Attended 2018 World Professional Association for Transgender Health (WPATH) / Global Education Initiative (GEI) Full Day Advanced Course in Mental Health and Full Day Advanced Course Child and Adolescent Specialty, Buenos Aires, Argentina.
- Sep 2019 Attended 2019 United States Professional Association for Transgender Health (USPATH) / Global Education Initiative (GEI) Full Day Course in Ethics and Full Day Course in Planning and Documentation, Washington DC, United States.
- July 2020 Attended Gender Spectrum's Professional' Symposium.
- Feb-Jul 2020 Participated in the Effective and Compassionate Clinical Work with Gender-Expansive Children, Teens and Families with Susan Landon, LMFT of the LA Gender Center (10-hour training).